

Writing a health and social care personal statement

Writing a health or social care personal statement is an important part of your application process, whether you are applying for a nursing, midwifery or allied health profession course.

Health and social care Admissions Tutors and Course Leaders from the University of the West of England (UWE Bristol) share their top dos and don'ts:

Do:

- Show us you are interested in and have an insight into the profession you are applying for.
- Tell us why you want to study your health or social care course.
- Show us that you are motivated and prepared for a career in health or social care.
- Tell us about your relevant experiences, including any clinical visits.
- Explain why you would be a caring, competent and compassionate health or social care professional.
- Visit the relevant professional body website to get a deeper understanding of the issues facing your profession.
- Demonstrate that your personal values and behaviours reflect the NHS Constitution.
- Check your spelling and grammar.

Do not:

- Forget to mention why you want to become a health or social care professional.
- Talk about one particular University (if you are applying to many).
- Forget to talk about your relevant experiences and transferrable skills.
- Be broad in your statement – make it focused on your particular branch of health or social care.
- Come across as not having values that align with the NHS Constitution.
- Rely on your computer spell checker to spot spelling and grammatical errors.

Useful health and social care resources:

- Explore health and social care roles - www.healthcareers.nhs.uk/explore-roles
- Learn more about becoming a nurse or midwife - www.nmc.org.uk/education/becoming-a-nurse-or-midwife
- Information about the NHS constitution - www.healthcareers.nhs.uk/about/working-health/nhs-constitution
- Information about becoming Health and Care Professions Council (HCPC) registered - www.hcpc-uk.co.uk/audiences/studentsandapplicants

To find out more about health and social care courses at UWE Bristol, visit www.uwe.ac.uk/healthcare.