Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Exam advice, launch space and Bristol Big Give.

View in browser



myUWE

**Support** 

**Infopoints** 



# It's that time of the year again...

With the exams and assessment period finally here, this edition will give you lots of useful information to see you through - from advice on how to use any previous feedback, to what to do if you're not going to be able to submit your work.

Remember our Information Points are just a phone call away if you need any personal advice.

# Keep cool in exams

We want to support you as you revise and sit your exams - here's a few pointers to set you on the right track.

- Utilise your coursework feedback
- Prepare yourself with our exam workbook
- Sharpen your critical thinking and writing skills
- Make the most of study support

# Need a break?

Fancy a break from revision? Need some fresh air? Why not go and do the <u>Big Bear</u> Trail at Wild Place.

Twenty six-foot tall hand-painted bear sculptures have been placed around Wild Place Project. Each sculpture has been decorated by talented artists from around the UK and one by one of our MA Animation students, Georgina Monica Ball.

### Assessment offences

We take cheating, collusion, plagiarism and other breaches of assessment regulations very seriously. It is an assessment offence for you to attempt to achieve a higher grade or mark through unfair means.

You are advised to read the university's <u>Assessment Offences Policy</u> which provides examples of assessment offences and sets out the penalties which may be applied.

Find out more about <u>assessment offences</u> online and where to go for advice.

# If you can't attend an exam or submit an assessment

If you can't attend an exam or submit an assessment due to personal circumstances, we have a number of <u>assessment support</u> <u>processes</u> that could help.

If you're unsure of which process might be right for you, please contact an <a href="Information Point">Information Point</a> for advice as soon as you can.

# Frequently asked questions about assessments

How, when and where do I submit coursework? When will I receive results? What happens if I have a problem with an assessment?

You'll find answers to all of these questions and more in our <u>assessment frequently</u> <u>asked questions.</u>

# Struggling with your assessments or exams? Ever wondered if you have dyslexia, dyspraxia or similar?

We offer a free screening service to current students to see if you have a Specific Learning Difficulty (SpLD), like dyslexia or dyspraxia.

You'll have the opportunity to discuss the issues affecting your studies with a specialist adviser and look at checklists to see if you have any traits associated with SpLD. The screening is not a diagnosis, but it can help you make a decisions about having a full diagnostic assessments.

If you would like to find out more or to book a screening appointment, you can use our <u>SpLD</u> <u>checklist</u> and <u>online booking form</u>. If you would prefer to talk through your options, you can contact us on 0117 32 83396.

# Launch space

Graduating this year? Have a business idea? Join our graduate start-up incubator, Launch Space.

We'll provide free desk space and business support for 12 months so you can put your ideas into action.

Apply for your space now

# Study spaces

As we enter the busy exam season, remember there are places to go across campus to study.

Book computers, group study rooms or teaching rooms and check work space availability online.

Find out more and book



# **Bristol Big Give**

Moving out of your accommodation? Donate your unwanted items to raise money for the British Heart Foundation and save reusable goods from ending up in landfill at the same time.

In the last five years, more than £1million worth of donations have been collected through the Bristol Big Give.

You'll find donation banks around the city and on Frenchay and Glenside campuses, making it easy to drop off your unwanted books, clothes and electrical goods.

If you have items you no longer want that aren't suitable for the Big Give, you can find advice on the <u>campus accommodation</u>, <u>Bristol City Council</u> and <u>South Gloucestershire Council</u> web pages.

Find a donation bank

# How to stay body positive in the era of social media

Social media is now an integral part of all of our lives. While social media has transformed the way we communicate and share information, we are only just beginning to understand its impact on our lives.

Recent research has linked social media usage with poorer body image and disordered eating in young women. However, we have also seen the rise of 'body positive' content on social media. What do we know about this content? Is it a good thing for body image or is it simply another avenue to emphasise the importance of appearance?

As part of the UWE Bristol Mental Wealth Lab Initiative, we will hear from a panel of social media influencers including Jada Sezer, Harnaam Kaur and Richard Blackwood, on their thoughts on whether it is possible to stay positive in the era of social media. Join the conversation **Tuesday 14 May.** 

Find out more and register

# Win £100 with Alumni Connect

If you register for Alumni Connect or tweet by **Friday 31 May** will be entered into a prize draw to win a £100 shopping voucher.

Register <u>here</u>, or Tweet using hashtag **#UWEAlumniConnect**.

Terms and conditions

# Foundry Technology Affinity Space

We are delighted to announce the formal launch of the Foundry Technology Affinity Space on **Friday 3 May**.

Developed through a research led design process, the industry-themed Foundry is unlike traditional learning spaces and is intended as an 'other space' on campus where students can work with the industry on paid projects. Aside from being home to our Enterprise Studios, the Foundry is also a digital event space hosting a high-profile calendar of technology outreach and engagement events.

The launch will showcase this space to VIPs, dignitaries and industry contacts and is an important milestone of the project.

In order to facilitate the launch, The Works will be closed from **13:00 Thursday 2 May until 13:00 Friday 3 May.** 

We appreciate your cooperation in not using the space during this time and apologise for any inconvenience this may cause.

### Resilient U

Develop the Resilient You at UWE Bristol, a proactive approach to growing your confidence for when challenges hit at university and beyond.

Come join us on **Friday 10 May, 12:00-13:00**, where you'll learn how to develop your self-empowerment, support network and how to learn from challenges.

Find out more and book

# Be meningitis aware

Headache? Vomiting? Difficult to wake? Can't cope with bright lights? It might sound like a hangover, but it could be meningitis.

Meningitis can be very serious, even life-threatening. It can affect anyone of any age, at any time, but students are a particular 'at-risk' group.

If you suspect that someone has meningitis, trust your instincts and get medical help immediately. It's better to be safe than sorry. Someone with meningitis or septicaemia can get worse very quickly and getting help fast can really make a difference.

To find out more, visit the <u>NHS website</u>. If you have any symptoms, seek medical help (NHS 111 for urgent advice or 999 for emergencies).

As you may know, on **Thursday 23 May**, the UK will be going to the polls for the next European Parliament elections. It only takes two minutes and it's really important that you exercise your right to vote.

If you split your time between two addresses, you can still register to vote as long as they're not in the same election area.

You will need to register by **Tuesday 7 May.** 

Register to vote

# Get set for summer with a UWE Sport membership

Get full access to the state-of-the-gym and unlimited exercise classes with our summer Gym+Classes membership for just £16.50 a month.

Join via the online store or visit us in the Centre for Sport, Frenchay campus.

Find out more

### The Great Bristol 10K

As you all know, UWE Bristol is teaming up with the Great Run Company and University of Bristol to take part in the Simplyhealth Great Bristol 10K this **Sunday 5 May**.

Good luck to all of those taking part! And remember to share your photos and stories from the day #TeamUWEBristol.

Find out more



News What's on

### **BRISTOL BIG GIVE**

Bristol Big Give runs every year and aims to encourage you to donate unwanted items instead of throwing them out.

The campaign then distributes items to the British Heart Foundation, as well as other local charities. Not only is this a more sustainable way of discarding unwanted items, but it will also make moving a lot easier!

Find out more

JADE MARSELLA

VP Sports and Health



**GIANG NGUYEN** 

President



# MOVE DURING EXAM SEASON

We know that the exam season can be a difficult time and during this period, it's important to take time for yourself. To help with this, the MOVE programme has specific classes surrounding relaxation and mindfulness.

Exercise has a whole host of stressreducing benefits and is a great way to take a break from revision. So, check out the MOVE timetable and get ready to feel relaxed.

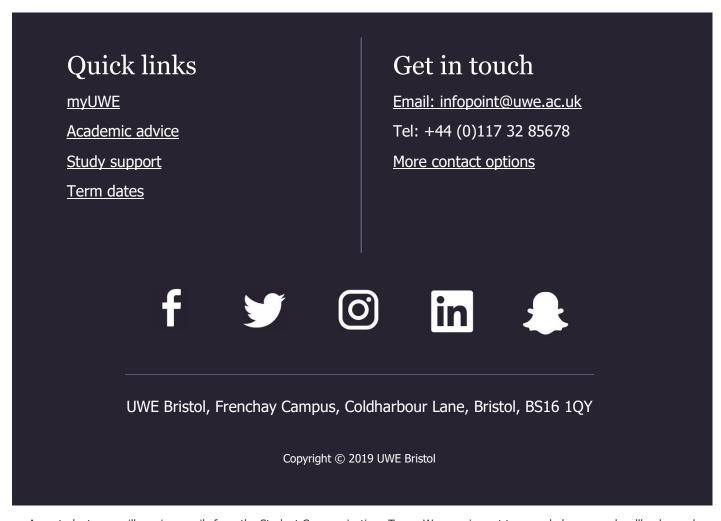
Find out more

# FOOD AND DRINK FESTIVAL

The Students' Union Bar will be hosting a Food and Drink Festival, from midday on **Friday 10 May.** The festival will include food stalls, live music, an outdoor bar, games and some giveaways. If you're a foodie, this is definitely a date for the diary.

More information on the festival will be available soon, so in the meantime, save the date, tell your friends and get ready for some seriously good food and drink.

Find out more



As a student, you will receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only <u>send</u> you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. <u>Contact us</u> if you have any questions.

#### **Dynamic content**

#### **Tier 4 students**

# Tier 4 students: resits and retakes

If you need to resit or repeat part of your course, you may be able to extend your Tier 4 (General) student visa. However, due to immigration legislation, this won't always be possible.

You should contact a UWE Bristol Immigration Adviser as soon as possible to discuss your options.

If you need a Confirmation of Acceptance of Studies (CAS) for a visa extension, you must complete a CAS request form. Come to a <u>drop-in session</u> where an Immigration Adviser will help you with the form and submit it on your behalf.

If you're eligible for a CAS you will also have to meet visa requirements as part of the visa application process. Some of theses are time sensitive, so it's a good idea to start to prepare your documents at least three months before you apply for your visa extension.

# Undergraduate Internship Scheme

Looking for something to do over the summer? An internship is a great way to gain experience in the workplace and help you stand out from other students and graduates when the time comes to apply for placements and jobs.

As well as gaining valuable work experience, you'll have the chance to build your skills and confidence and earn at least £300 a week.

Find out more

#### Level 3

# In your final year?

Congratulations on almost finishing your course! To make your last few months as easy as possible, we've created a helpful final year checklist to make sure you've done everything you need to.

In particular, please check that your personal email address is correct as important emails from the university may go to this address once you have left.

Final year checklist



# Are you attending your graduation ceremony?

If you're eligible to graduate in July, check your student email account for your invitation to your award ceremony.

You need to let us know if you're coming or not, and buy your guest tickets. We hope you'll join us to celebrate your achievements!

Register to attend

### Gloucester adult nursing/mental health nursing

# Partnership Workshop - Teaching and learning: preparation for registration

Are our current teaching and learning approaches working for you? Could we improve what, how and when we deliver our teaching and learning?

Join us on **Wednesday 1 May, 10:30-14:30** at Glenside campus to explore challenges and issues that you may be experiencing surrounding the teaching and learning on your course.

Find out more and register to attend

# Free reflexology and massage therapy treatments

We have great news for those of you that missed out on previous reflexology and massage therapy sessions, we have two more days of appointments available!

Luke, from the Gloucester Natural Therapy Centre, will be delivering sessions at Alexandra Warehouse on **Wednesday 8 May** and **Wednesday 29 May**. Luke is offering Swedish, Sports, Tui Na and Wavestone techniques, as well as reflexology.

Places are available to those who didn't get a session before and are on a first come, first served basis. There are only 7 places available on each day, so be quick if you would like to book a treatment.

Check times and reserve your space

# Busy campus notice

One of our practice partners, Gloucestershire Care NHS Trust, are using some of our classrooms at Alexandra Warehouse over the next couple of weeks/months.

We just wanted to let you know, as you might notice some increased use of the campus.

#### International

# **International Talent**

At a recent International Talent employer meet up, employers to our International Talent scheme have reported that they place a high value on 'soft skills' in their interns, with emphasis given to presenting yourself well and communicating confidently. Employers also described international students as 'self-starters and finishers' as well as 'serious, motivated and determined'.

With this excellent reputation locally and the UWE Bristol International Talent Internship Scheme in full swing, why not look on <u>InfoHub</u> at our <u>latest opportunities</u>?

Alternatively, why not take this chance to use our scheme to support your own speculative application and develop your confidence and networking skills in the process?

# The Global café

The Global café is an opportunity to experience different cultures from around the world and have the chance to meet new people in a relaxed and friendly setting, all while taking part in fun and social activities to improve, teach, and show off your language skills.

The café takes place once every fortnight, with the time and location advertised on our <u>events</u> <u>diary</u> and <u>Facebook page</u>.

The next Global café will take place on **Wednesday 8 May, 14:00-16:00** at the Community Hub, Frenchay campus.