

Please find below a list of essential reading which you are expected to buy for the first year of your mental health nursing studies. You will be issued with a more comprehensive list of further reading by the programme team once you commence in September.

Communication in a Diverse World

Arnold, E. and Underman-Boggs, K. (2011). *Interpersonal Relationships: Professional Communication Skills for Nurses*. Philadelphia: Saunders Co. Ltd.

Foundations of Mental Health Nursing

Barker, P. (2009). *Psychiatric and Mental Health Nursing: The Craft of Caring*. London: Edward Arnold

Essentials Skills for Professional Practice

At the start of this module you are advised to access the library resources and any text books you may already have and use these to support your learning for the first few weeks. Then you can decide which textbook suits your branch and your specific learning style.

We recommend that you consider one of the following:

Benbow, W & Jordan G. (2009) *A Handbook for Student Nurses: Introducing Key Issues Relevant for Practice*. Exeter: Reflect Press Ltd.

Glasper A, & Richardson J. (2010) *A textbook of Children's and Young Peoples Nursing*. 2nd ed. London: Churchill Livingstone.

Sellman, D., Snelling, P. (2009) *Becoming a Nurse: A textbook for professional practice*. Harlow : Pearson Education.

Some websites to visit

Department of Health www.dh.gov.uk

Nursing and Midwifery Council <http://www.nmc-uk.org>

MIND (Mental Health Charity) <http://www.mind.org.uk>

Centre for Mental Health <http://www.centreformentalhealth.org.uk>

UWE Library Services www.uwe.ac.uk/library

New to undergraduate study?

Try Myskills <http://www.uwe.ac.uk/library/resources/hub>

Or iSkillZone <http://iskillzone.uwe.ac.uk>

We recommend you go to the '**Getting Started**' section and try the '**test yourself quiz**'. Also '**Finding items in the Library**' will be very useful and give you a head start before you commence your course at UWE.