Get ready for MSc Health Psychology

We hope that you are enjoying your summer and are looking forward to starting at UWE Bristol. We warmly welcome you onto the MSc Health Psychology programme.

We have provided some information below that will help you to prepare for starting with us. We look forward to meeting you.

Abigail Hucker
Programme Leader

Before you start

We are looking forward to welcoming you in the week commencing 14 September for Starting Block and the beginning of your programme.

Starting Block will help you settle into university and to help you get to know your teaching team and course mates. We will help you find your way around, get used to our systems, and practise the skills you need to make a strong start. Look out for further emails and explore the Starting Block website with more details.

Your timetable will be available to you via MYUWE (login required) once you have started the enrolment process. Please visit the 'Understanding your teaching timetable' website to find out when your timetable will be published.

Preparing and arrival
You can find everything you need to know about enrolment, Starting Block and the start of teaching, on our Preparing and Arrival webpage. Take a look at our website to familiarise yourself with our facilities and services such as the library, study skills, academic support, health and wellbeing support and much more.

Enrolment
Once you have satisfied all admissions requirements, we'll send you your login details for our IT systems to enable you to activate your university email account. Once your account has been activated, you'll gain access to the MYUWE platform where you can enrol. Note that your login details for MYUWE are different to those used for the UWE Welcome website. Enrolment for September programmes will only be open from August onwards. You can find guidance and further information on our Enrolment website.

ID card - upload your photo now
We can only print your ID card if you have added your photo to MYUWE. To avoid delays, upload your photo as soon as you receive login details. For help, go to our student card guidance.

Engage with your programme

Start your learning
We would recommend you do the following before you start at UWE:

- Read the BPS Code of Ethics and Conduct
- Follow the UWE Health Psychology Team on X @UWEhealthpsy
- Follow the BPS Division of Health Psychology on X @divhealthpsych

Read around your subject
A key skill which is required to achieve a high level of success within your chosen programme is the ability to think critically about key issues and practices. To help you to enhance these skills and be ready to engage with your studies, you should start to read and research around your subject before you arrive. Explore the Library web pages to see the wide range of resources available to you once you become a UWE Bristol student.

The core text for your course is Marks, Murray & Estacio (2018) *Health Psychology Theory, Research & Practice* (5th Ed). It will be available to you online when you start your course so we would not recommend you purchase it. In the meantime, if you want to discover the wide range of topics covered by Health Psychology, we recommend one of the following books:

- Morrison, V. and Bennett, P. (2016) *An Introduction to Health Psychology* (4th Ed). Harlow: Pearson
- Ogden, J. (2019). *Health Psychology*. 6th Ed. **McGraw Hill Education**.

We also recommend that you read our guidance on studying research methods titled 'Postgraduate Psychology and Psychotherapy Research Training at UWE Bristol' which includes a reading list.

Please also read this chapter about research methods.

After you begin your studies at UWE Bristol, members of staff will be happy to discuss any aspects of this preparatory work that you have found problematic.

Be prepared

Access support
Check the information on our Disability web pages so you know what you need to do. If you need any urgent additional mobility or other support to fully access all activities during your studies, contact me as your programme leader.

Get equipped
The University has computers on all our campuses for you to use during your studies. These provide access to our core digital learning tools and any specialist software required for your course. You may have scheduled sessions in computer labs or other specialist facilities, and you will be able to use open-access PCs for self-study.

UWE Bristol licenses many specialist software packages for use on personal laptops for the duration of your course. If you're struggling to meet the financial demands of your course, please contact the Student Money Service team for advice and guidance.

See the UWE website for detailed information on choosing your IT equipment including recommended specifications.

For this programme we recommend the **Core Specification**.

International students
The Global Student Support Team offer information and advice to ensure you receive all the support you need to get the best from your time at UWE Bristol. They are here to help you to settle in when you first arrive at UWE Bristol and organise social events to help you to adapt to your new environment.

Who to contact if you have questions

For any questions about the course, please contact me:

Abigail Hucker via email at abigail.hucker@uwe.ac.uk

Please note: this information has been provided on the assumption that you will meet the conditions of your offer and be eligible to take up your place.

Entry: September 2026 Last updated: Spring 2026