Get ready for
MA Counselling and Psychotherapy

My Colleagues and I are looking forward to welcoming you onto the MA Counselling and Psychotherapy at UWE Bristol.

I have provided some information below that will help you to prepare for starting with us in September and hope that you find it useful.

Dave Pomroy

MA Counselling and Psychotherapy Programme Lead

Before you start

We are looking forward to welcoming you *all on Tuesday* 22nd September for Starting Block and the beginning of your programme.

Starting Block will help you settle into university and help you get to know your teaching team and course mates. We will help you find your way around, get used to our systems, and practise the skills you need to make a strong start. Look out for further emails and explore the Starting Block webpage for more details. For your programme we have our own induction/settling in sessions on your teaching day. You are of course welcome to attend any of the general Starting Block sessions.

Your timetable will be available to you via MYUWE (login required) once you have started the enrolment process. Please visit the 'Understanding your teaching timetable' webpage to find out when your timetable will be published.

Preparing and arrival

You can find everything you need to know about enrolment, Starting Block and the start of teaching on our Preparing and Arrival webpage. Take a look at our website to familiarise yourself with our facilities and services such as the library, study skills, academic support, health and wellbeing support and much more.

Enrolment

Once you have satisfied all admissions requirements, we'll send you your login details for our IT systems to enable you to activate your university email account. Once your account has been activated, you'll gain access to the MYUWE platform where you can enrol. Note that your login details for MYUWE are different to those used for the UWE Welcome website. Enrolment for September programmes will only be open from August onwards. You can find guidance and further information on our Enrolment website.

ID card - upload your photo now

We can only print your ID card if you have added your photo to MYUWE. To avoid delays, upload your photo as soon as you receive your login details. For help, go to our student card guidance.

How to make a successful start to your programme

Specific for your course

In previous correspondence you will have already been informed about our additional requirements which must be completed ahead of Enrolment and Induction:

Academic certificates

Disclosure and Barring Service check

Occupational Health clearance

Please bring your completed form with you to your Occupational Health Session which will take place during Induction Week. Do not return this form in advance.

Immunisation

Please read both the Immunisation Letter and Immunisation leaflet prior to commencing your studies.

If any of these requirements are still outstanding you must send the relevant paperwork to us, as instructed, as soon as possible. Incomplete Disclosure Barring Service and Occupational Health checks will prevent you from continuing on the degree and from undertaking placements.

Engage with your programme

Start your learning

Your Programme Leader will send you additional information about how to find a suitable personal therapist, placement, and supervisor. They will also send you a database of possible options. You should read these documents before you attend the induction sessions.

Read around your subject

A key skill which is required to achieve a high level of success within your chosen programme is the ability to think critically about key issues and practices. To help you to enhance these skills and be ready to engage with your studies, you should start to read and research around your subject before you arrive. Explore the Library web pages to see the wide range of resources available to you once you become a UWE Bristol student.

Here are some of our recommended titles for you to read, to be inspired by and to understand the scope of your degree programme:

The core text-books for the programme are:

- McLeod, J. (2019) *An Introduction to Counselling and Psychotherapy.* Open University Press
- Hanley, T., & Winter, L. A. (2023). *The SAGE Handbook of Counselling and Psychotherapy*. Sage Publications Limited.

Also read the following before 22nd September in preparation for Personal Development group work:

- Rose, C. (2008) Th Personal Development Group: The Student's Guide. London: Karnac

Be prepared

Access support

Check the information on our Disability web pages so you know what you need to do. If you need any urgent additional mobility or other support to fully access all activities during your studies, contact me as your programme leader.

Get equipped

The University has computers on all our campuses for you to use in your studies. These provide access to our core digital learning tools and any specialist software required for your course. You may have scheduled sessions in computer labs or other specialist facilities, and you will be able to use open-access PCs for self-study.

UWE Bristol licenses many specialist software packages for use on personal laptops for the duration of your course. If you're struggling to meet the financial demands of your course, please contact the Student Money Service for advice and guidance.

See the UWE website for detailed information on choosing your IT equipment including recommended specifications.
For this programme we recommend the **Core Specification**.

International students

The Global Student Support Team offer information and advice to ensure you receive all the support you need to get the best from your time at UWE Bristol. They are here to help you to settle in when you first arrive at UWE Bristol and organise social events to help you to adapt to your new environment.

Who to contact if you have questions

For any questions about the course, please contact me: **Dave Pomroy** via email

at david.pomroy@uwe.ac.uk

Please note: this information has been provided on the assumption that you will meet the conditions of your offer and be eligible to take up your place.

Entry: September 2026 Last updated: Spring 2026