Get ready for BSc (Hons) Sport Rehabilitation

Congratulations on choosing UWE Bristol and our **BSc (Hons) Sport Rehabilitation** programme. As you embark on this new journey, you will be joining a vibrant community of students, academics, and clinical professionals dedicated to the field of sport rehabilitation. Our programme is designed to provide you with a comprehensive understanding of the principles and practices of sport rehabilitation, combining theoretical knowledge with practical skills. Throughout your studies, you will have the opportunity to engage in a variety of learning experiences, underpinned by innovative technologies and collaborations with industry partners including,

- A bespoke Sport Rehabilitation clinic & gym (Glenside Campus).
- A range of rehabilitation and performance-based gym equipment.
- Multidisciplinary working with other allied health programmes (Physiotherapy, Radiography, Occupational Therapy and Paramedic Sciences).
- Continued collaboration and delivery of Sports Rehabilitation to professional sports teams (i.e. Bristol Rovers FC, Bristol City FC, Bath RFC, Dings RFC, Gloucester CC, Bristol Flyers, UWE Sport)
- An increasing variety of placement opportunities across sport, health and wellbeing settings within the UK as well as internationally due to the British Association of Sport Rehabilitators and Trainers (BASRaT) International Agreement

Here are a few key points to help you get started:

- **Induction Week:** Your induction week will begin on Monday 14th September 2026. During this week, you will meet your tutors, fellow students, and receive essential information about your course and the university.
- **Timetable:** Your timetable will be available on the My UWE portal. Please ensure you check it regularly for any updates.
- **Resources:** Make sure to explore the university library and online resources available to you. These will be invaluable throughout your studies, and you will be guided on how to access resources during starting block.
- **Support Services:** UWE Bristol offers a range of support services, including academic support, career advice, and wellbeing services. Do not hesitate to reach out if you need assistance.

We encourage you to make the most of your time here, both academically and socially. Get involved in student societies, sports clubs, and other extracurricular activities to enrich your experience.
Once again, welcome to UWE Bristol, we look forward meeting you!

Ellen Cook
Programme Leader, BSc Sport Rehabilitation

Before you start

We are looking forward to welcoming you in the week commencing 14 September for Starting Block and the beginning of your programme.

Starting Block will help you settle into university and help you get to know your teaching team and course mates. We will help you find your way around, get used to our systems, and practise the skills you need to make a strong start. Look out for further emails and explore the Starting Block website with more details.

Your timetable will be available to you via MYUWE (login required) once you have started the enrolment process. Please visit the 'Understanding your teaching timetable' website to find out when your timetable will be published.

Preparing and arrival
You can find everything you need to know about enrolment, Starting Block and the start of teaching, on our Preparing and Arrival webpage. Take a look at our website to familiarise yourself with our facilities and services such as the library, study skills, academic support, health and wellbeing support and much more.

Enrolment
Once you have satisfied all admissions requirements, we'll send you your login details for our IT systems to enable you to activate your university email account. Once your account has been activated, you'll gain access to the MYUWE platform where you can enrol. You can find guidance and further information on our Enrolment website.

ID card - upload your photo now
We can only print your ID card if you have added your photo to MYUWE. To avoid delays, upload your photo as soon as you receive login details. For help, go to our student card guidance.

How to make a successful start to your programme

Specific for your course
In previous correspondence you will have already been informed about our additional requirements which must be completed ahead of Enrolment and Induction:

- **Academic certificates**
- **Disclosure and Barring Service check**
- **Occupational Health Questionnaire**

Immunisation
Please read both the Immunisation Letter and Immunisation leaflet prior to commencing your studies.

If any of these requirements are still outstanding, you must send the relevant paperwork to us, as instructed, as soon as possible.

Please be aware that Incomplete Disclosure Barring Service Checks will impact on your

ability to access learning materials, attend placements and complete your enrolment onto your degree programme.

Placement Uniform
Details of how to order your placement uniform online will be shared with you during induction week and through Blackboard. Your uniform will be delivered to UWE and then distributed to you by the Programme Uniform Lead. Look out for an announcement on Blackboard during semester 1 to confirm that your Uniform is available for collection and to outline the process for this. This will include guidance to help you take accurate measurements that will be required to process your uniform order. You will also be asked to provide an address where your uniform will be delivered – please ensure that the address you provide is where you will be based when the delivery is made. Uniform deliveries will be made between late October and December. Look out for the email in your UWE email inbox and order your uniform promptly.

Engage with your programme

Start your learning
I would recommend you do the following before you start at UWE Bristol:

- Familiarise yourself with the governing body and their codes of conduct for Sport Rehabilitation i.e. The British Association of Sport Rehabilitators and Trainers (BASRaT).
- Access the UWE Bristol library and view/book available academic workshops i.e. academic writing and referencing.
- Prepare 2-3 questions that you have about the Sport Rehabilitation programme.
- Read our welcome letter.

Read around your subject
A key skill which is required to achieve a high level of success within your chosen programme is the ability to think critically about key issues and practices. To help you to enhance these skills and be ready to engage with your studies, you should start to read and research around your subject before you arrive. Explore the Library web pages to see the wide range of resources available to you once you become a UWE Bristol student.

Be prepared

Access support
Check the information on our Disability web pages so you know what you need to do. If you need any urgent additional mobility or other support to fully access all activities during your studies, contact me as your programme leader.

Get equipped
The University has computers on all our campuses for you to use during your studies. These provide access to our core digital learning tools and any specialist software required for your course. You may have scheduled sessions in computer labs or other specialist facilities, and you will be able to use open-access PCs for self-study.

UWE Bristol licenses many specialist software packages for use on personal laptops for the duration of your course. If you're struggling to meet the financial demands of your course, please contact the Student Money Service team for advice and guidance.

See the UWE website for detailed information on choosing your IT equipment including recommended specifications.

For this programme we recommend the **Core Specification**.

International students
The Global Student Support Team offer information and advice to ensure you receive all the support you need to get the best from your time at UWE Bristol. They are here to help you to settle in when you first arrive at UWE Bristol and organise social events to help you to adapt to your new environment.

Who to contact if you have questions

For any questions about the course, please contact me: Ellen Cook via email at mailto:ellie.dooley@uwe.ac.uk ellen.cook@uwe.ac.uk

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Please note: this information has been provided on the assumption that you will meet the conditions of your offer and be eligible to take up your place.

Entry: September 2026 Last updated: Spring 2026