Get ready for BSc (Hons) Nursing (Mental Health)

We hope that you are enjoying your summer holiday and are looking forward to starting at UWE Bristol. As your Programme Leads, we warmly welcome you onto BSc (Hons) Nursing (Mental Health).

We have provided some information below that will help you to prepare for starting with us in September.

We look forward to meeting you.

Rob Williams & Rich Evans
Programme Leaders

Before you start

We are looking forward to welcoming you in the week commencing 7th September for Starting Block and the beginning of your programme.

Starting Block will help you settle into university and help you get to know your teaching team and course mates. We will help you find your way around, get used to our systems, and practise the skills you need to make a strong start. Look out for further emails and explore the Starting Block website with more details.

Your timetable will be available to you via MYUWE (login required) once you have started the enrolment process. Please visit the 'Understanding your teaching timetable' website to find out when your timetable will be published.

Preparing and arrival

You can find everything you need to know about enrolment, Starting Block and the start of teaching, on our Preparing and Arrival webpage. Take a look at our website to familiarise yourself with our facilities and services such as the library, study skills, academic support, health and wellbeing support and much more.

Enrolment

Once you have satisfied all admissions requirements, we'll send you your login details for our IT systems to enable you to activate your university email account. Once your account has been activated, you'll gain access to the MYUWE platform where you can enrol. Note that your login details for MYUWE are different to those used for the UWE Welcome website. Enrolment for September programmes will only be open from August onwards. You can find guidance and further information on our Enrolment website.

ID card - upload your photo now.

We can only print your ID card if you have added your photo to MYUWE. To avoid delays, upload your photo as soon as possible. For help, go to our student card guidance.

How to make a successful start to your programme

Specific for your course

In previous correspondence you will have already been informed about our additional requirements which must be completed ahead of Enrolment and Induction:

- **Academic certificates**
- **Disclosure and Barring Service check**
- **Occupational Health clearance**

Immunisation

Please read both the Immunisation Letter and Immunisation leaflet prior to commencing your studies.

If any of these requirements are still outstanding, you must send the relevant paperwork to us, as instructed, as soon as possible.

Please be aware that incomplete Disclosure Barring Service and Occupational Health Checks will impact on your ability to access learning materials, attend placements and complete your enrolment onto your degree programme.

Placement Uniform

Details of how to order your placement uniform online will be sent to you by email soon after you start. This will include guidance to help you take accurate measurements that will be required to process your uniform order. You will also be asked to provide an address where your uniform will be delivered – please ensure that the address you provide is where you will be based when the delivery is made. Uniform deliveries will be made between late October and December. Look out for the email in your UWE email inbox and order your uniform promptly.

Engage with your programme.

Start your learning.

Studying at university is different to school or college. You might need to change your approach and learn some new or different skills to get the most out of your academic studies at UWE. Please take our online and interactive tutorial which guides you through what to expect from studying at university: Prepare for study. (It will take you 25 minutes to complete.)

Read around your subject.

A key skill which is required to achieve a high level of success within your chosen programme is the ability to think critically about key issues and practices. To help you to enhance these skills and be ready to engage with your studies, you should start to read and

research around your subject before you arrive. Explore the Library web pages to see the wide range of resources available to you once you become a UWE Bristol student.

Here are some of our recommended titles for you to read, to be inspired by and to understand the scope of your degree programme:

- MIND
- Alzheimer's Society UK
- NHS Constitutional values
- Nursing & Midwifery Council (NMC)
- Norman, I. and Ryrie, I. (2018) *The Art and Science of Mental Health Nursing,* 4th Ed.Open University Press
- Clarke, V and Walsh, A. (2018) *Fundamentals of Mental Health Nursing*, 2nd Ed. Oxford University Press
- Booker, D. and Latham, I. (2015) *Person-Centred Dementia Care*
- Publisher: Jessica Kingsley Publishers London Edition 2nd Revised edition Kapit, W. (2013) *The Anatomy Colouring Book London*: Pearson.
- Davison, N. (2014) *Numeracy and Clinical Calculations for Nurses Banbury*: LanternPublishing. See corbettmaths.com

Connect with others

Find out what is going on before you start:

- Follow @MHNUWE on Twitter. We Tweet regularly so find out what is going on before you start.
- UWE has a Mental Health Nursing Society which is student led and organises lots of activities both on and off campus. Take a look on our Facebook community and see how you can become involved.
- Take a look at the networking opportunities, charitable and social events run by The Students' Union at UWE Bristol.

Be prepared.

Access support

Check the information on our Disability web pages so you know what you need to do. If you need any urgent additional mobility or other support to fully access all activities during your studies, contact me as your programme leader.

Get equipped.

The University has computers on all our campuses for you to use during your studies. These provide access to our core digital learning tools and any specialist software required for your course. You may have scheduled sessions in computer labs or other specialist facilities, and you will be able to use open-access PCs for self-study.

UWE Bristol licenses many specialist software packages for use on personal laptops for the duration of your course. If you're struggling to meet the financial demands of your course, please contact the Student Money Service team for advice and guidance.

See the UWE website for detailed information on choosing your IT equipment including recommended specifications.

For this programme we recommend the **Core Specification**.

Specialist applications used on the course include **Oxford Medical Simulation**. These applications work on **Windows and Mac** devices but not on tablets or Chromebooks.

International students

The Global Student Support Team offer information and advice to ensure you receive all the support you need to get the best from your time at UWE Bristol. They are here to help you to settle in when you first arrive at UWE Bristol and organise social events to help you to adapt to your new environment.

Who to contact if you have questions:

For any questions about the course, please contact the Programme Leaders:

Rob Williams via rob.williams@uwe.ac.uk

Rich Evans via rich.evans@uwe.ac.uk

Please note: this information has been provided on the assumption that you will meet the conditions of your offer and be eligible to take up your place.

Entry: September 2026 Last updated: Spring 2026