

# E-cargo cycles: Understanding consumer and operator perspectives on sustainable last-mile delivery

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## Why Does This Matter?

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- Transport is the UK's largest GHG sector - 29% of the UK's total emissions (BEIS, 2025, p.10)
- **Vans account for 16%** of this, and their emissions are continuing to increase (DfT, 2022)
- Van emissions have **risen by 40% over 30 years**, with **travel distance more than doubling** (DfT, 2021; Beckford, 2022)
- In 2021, business-use vans accounted for **76% of van mileage** - 40% of which was within just 15 miles of base

This highlights the strong potential for localised alternatives like e-cargo bikes (DfT, 2021)



## Why Does This Matter?

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- E-cargo bikes are **cleaner**, **smaller**, **quieter**, and often **faster** last-mile deliveries
- But still niche – **Why?**

(see: Celis-Morales et al., 2023; Sherriff, Blazejewski and Davies, 2023; Urbico, 2021; Vasiutina, Szarata and Rybicki, 2021)

# Research Questions:

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- ① What are the key challenges and opportunities for e-cargo bikes to replace vans?
  - ② How do businesses perceive them?
  - ③ How do consumers perceive and respond to them?

# Mixed-Method Approach

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## Public perception

- **Survey** (n=307) across age, gender, income

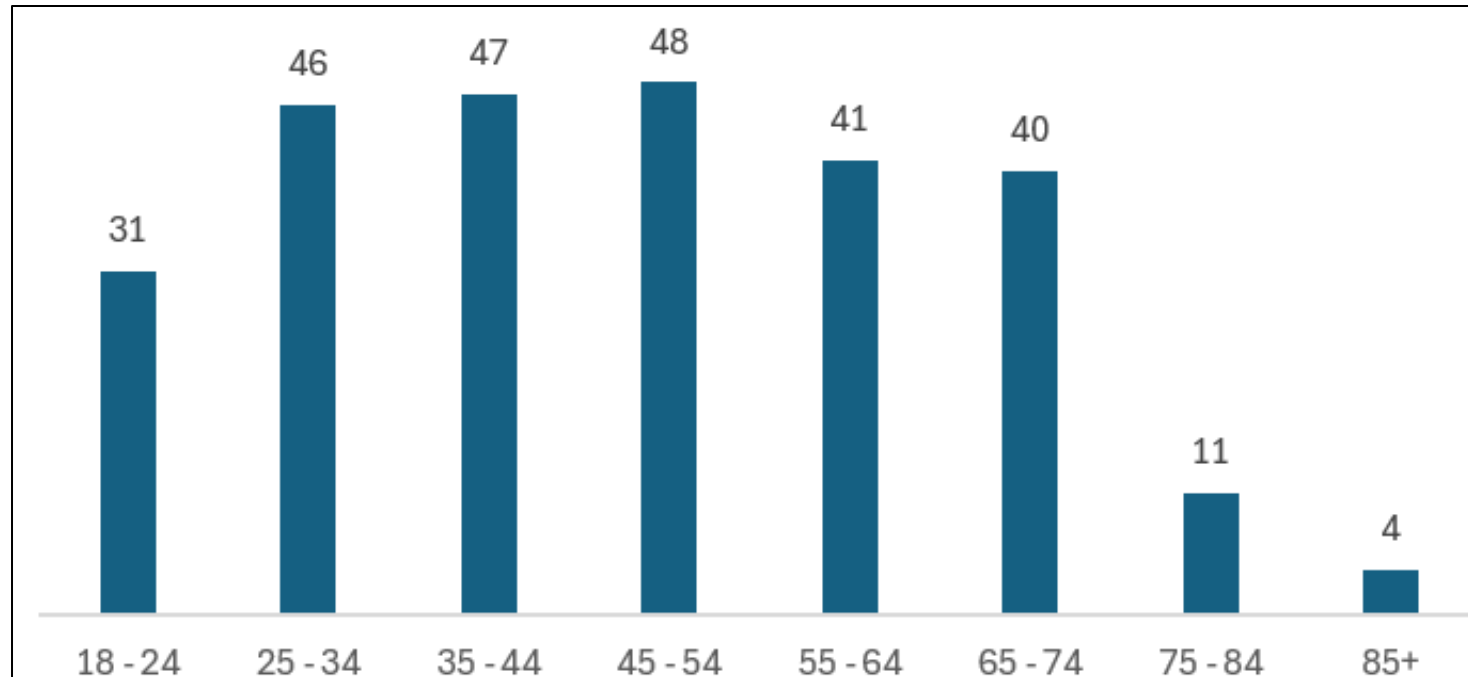
## Business perception

- **9 expert interviews:** from consultancies, logistics, local authorities
- UK-based participants

# Who took part in the survey?

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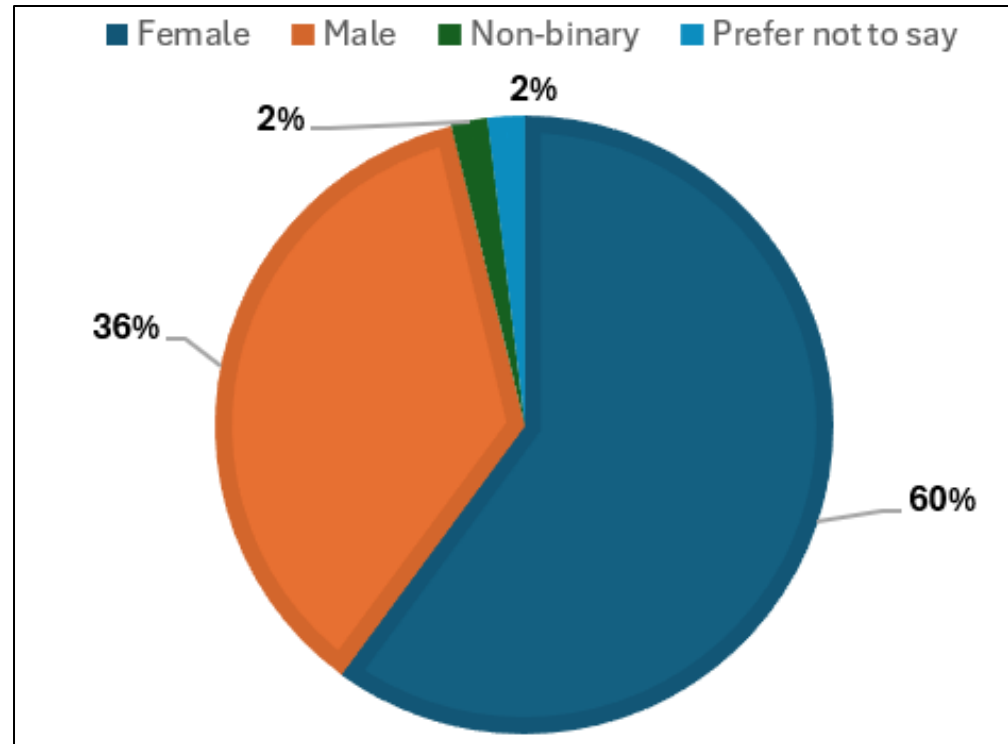
Age:



# Who took part in the survey?

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## Gender:



**What does the public think?**



# What do people think of e-cargo bike deliveries?

6 Key Points:

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- 1. Environmental perception is strong:** 73.2% more environmentally friendly than diesel vans; 38.6% even prefer them over electric vans
- 2. Key benefits recognised:** lower CO<sub>2</sub> (80%), better urban quality of life (66.6%), support for local businesses (59.7%)
- 3. Local preference:** 43% want more e-cargo bikes and fewer vans in their area

# What do people think of e-cargo bike deliveries?

6 Key Points:

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**4. Mixed views on safety:** safety perceptions divided (31.4% neutral, 27.5% think vans are safer)

**5. Willingness to choose:** 36.8% likely and 28.2% very likely to choose e-cargo deliveries if available

**6. Age matters:** Middle-aged groups (25–64) show strongest support; younger (18–24) and older (75+) groups are more neutral or less likely to prefer e-cargo deliveries

**But would they be willing to pay more?**

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- **General reluctance to pay extra:** 42.8% of respondents **would not pay more** for e-cargo bike deliveries; only 20.6% would be willing to
- **Gender difference significant** ( $\chi^2 = 14.455$ ,  $p = 0.006$ ): **Women are less willing to pay more** compared to men
- **Income-related effect significant** ( $\chi^2 = 10.415$ ,  $p = 0.034$ ): Respondents from **higher-income** households are **more willing to pay extra** (40.1%) than those with a lower income

This makes sense, but it is worth noting that high income households also **consume more**, have **more deliveries**, and have a **higher carbon footprint** in general (*Nielsen et al., 2024*)

**So, what factors influence consumers  
to choose e-cargo bike deliveries?**

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- **Delivery mode choice is key:** 35% would be more likely to use e-cargo bikes **if they could select the delivery method**
  - \*Currently rare to be offered a choice of mode of delivery\*
- **Cost matters:** 30% highlighted cost as a major factor, with most expecting **no price difference compared to van deliveries**
- **Sustainability is valued:** 15% are motivated by **environmental impact and reduced traffic congestion**
- **Efficiency and speed:** 10% emphasised **delivery time** as a deciding factor

# However...

- **Infrastructure needs:** 5% noted the importance of **safe cycling infrastructure** (e.g. bike lanes) to enable reliable service
- **Other concerns:** **Rider safety** (e.g. steep hills, busy roads), as well as secondary factors like convenience and reliability (each noted by 5%)



# What do businesses and experts think?



# Who we interviewed?

Code	Organisation type	Job role	Location
IP1	Transport Consultancy	Head of Consulting	London
IP2	Sustainable Urban Logistics Company	Head of Marketing	National
IP3	Micro-mobility Logistics Company	Chief Operating Officer	Europe
IP4	Transport Consultancy	Senior Consultant	London
IP5	E-Cargo Bike Logistics	Director	Colchester
IP6	E-Cargo Bike Logistics / Courier	Founder	London
IP7	Transport Consultancy	Consultant	London
IP8	Urban Logistics Consultancy	Independent Consultant	National
IP9	Transport Authority	Advisor	London

# What do they see as key barriers to scaling e-cargo bike operations?

4 key take aways:

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# What do they see as key barriers to scaling e-cargo bike operations?

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**High initial costs** are an important concern for businesses

*“Many small businesses are hesitant due to the high upfront costs, despite long-term savings.” (IP4)*

- E-cargo bikes have a lower total cost of ownership over time
- However, initial capital investment can be identified as a significant financial barrier (Blazejewski, 2020)

# What do they see as key barriers to scaling e-cargo bike operations?

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**The Gig Economy** makes it difficult to get a clear picture of the situation

*“While cargo bikes are inherently more efficient, the gig economy distorts cost comparisons, making van-based operations seem artificially cheaper.” (IP6, IP4)*

- Logistics providers operating within the gig economy shift employment-related costs onto workers
- This can make their operating expenses appear lower than they truly are

# What do they see as key barriers to scaling e-cargo bike operations?

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**E-cargo specific infrastructure** is critical to expansion, but currently missing

*“Without dedicated trans-shipment hubs, e-cargo bikes are forced to operate from locations designed for vans.” (IP4)*

- E-cargo bike logistics would benefit from hubs that are close to delivery zones to maximise efficiency

# What do they see as key barriers to scaling e-cargo bike operations?

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**Regulatory confusion** discourages uptake

*“Policy frameworks still treat e-cargo bikes like bicycles, ignoring their role as commercial vehicles.” (IP4, IP7)*

- Businesses are often left uncertain about where and how e-cargo bikes can operate
- Particularly in relation to pedestrian zones, taxation, and access to fleet subsidies (Urban Freight Lab, 2023)

## Summary

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Our findings suggest that e-cargo delivery's full potential is blocked not by a lack of interest...

But by a mismatch between infrastructure, policy, and economics



# What needs to happen for e-cargo bike delivery to succeed?

4 key take aways:

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# What needs to happen for e-cargo bike delivery to succeed?

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## Stronger business models and clearer incentives

- The perceived economic advantage of van deliveries is, in part, due to **inequitable cost distribution** rather than an inherent efficiency
- However, initial capital investment has been identified as a significant financial barrier (Blazejewski, 2020)
- This suggests that without accessible financing options, businesses may struggle to justify the switch

# What needs to happen for e-cargo bike delivery to succeed?

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## Infrastructure investment

*“Cities like Bristol lack the infrastructure for effective e-cargo operations compared to London.” (IP10)*

- Micro-hubs near delivery zones
- Lack of secure e-cargo parking and charging (see: Honbike, 2023)
- E-cargo as a part of new e-mobility hubs? EVs, e-bikes, e-cargo?

# What needs to happen for e-cargo bike delivery to succeed?

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## Visibility and consumer influence

*“If given the choice between van or cargo bike at the same price, people would choose cargo bike.” (IP10)*

- Consumer sentiment can favour more sustainable modes of delivery if the offering is made available and accessible
- However, one expert warned against over-relying on consumers to lead this change:  
*“Logistics isn’t very visible... I don’t really think we can put any onus on the consumer to ask for change”. (IP4) \*Link: Our survey also found that people generally aren't willing to pay more\**

# What needs to happen for e-cargo bike delivery to succeed?

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## Training and workforce development

*“There’s a lack of standardised training programs for e-cargo couriers., leading to inconsistent service quality” (IP2)*

*"Finding skilled riders is difficult, as the role requires both physical endurance and logistical knowledge." (IP9)*

- Successful integration of e-cargo bikes into urban delivery systems needs addressing the skills gap, as well as training requirements for operators
- Unlike traditional delivery vehicles, e-cargo bikes require specific handling skills, especially in dense urban environments

# Summary

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Our findings suggest that e-cargo expansion depends on more than green credentials and leaving it to the customer to choose...

It requires whole-system thinking: Policy, infrastructure, training, and visibility must align

Government and large operators need to lead



# Overall Conclusions and Key Takeaways

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- E-cargo bikes offer a promising, low-emission solution for sustainable last-mile urban logistics
- Adoption is **currently limited** by **financial barriers, poor infrastructure, and fragmented regulatory support**
- **Businesses remain hesitant**, citing concerns over **scalability, cost, and operational fit**
- **Lack of training and workforce development** creates **inconsistencies in service quality**

# Overall Conclusions and Key Takeaways

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- The environmental and social benefits are clear: **reduced emissions, cleaner air, quieter streets, and new (healthier?) jobs**
- Scaling requires **coordinated action**: targeted incentives, policy clarity, infrastructure investment, and public-private collaboration
- With the right support, e-cargo bikes can shift from niche to norm, contributing to greener, more resilient cities



**Thank you!**  
**Any questions?**

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