

**Please note:** This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Mental Wealth First, IT maintenance weekend, surveys

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myUWE

Support

Infopoints



## It's beginning to look a lot like Christmas

Festive music's been playing in the shops for ages and it's definitely getting colder. And some of us even had snow during the weekend! As this is our final newsletter of the term, we're honing in on Christmas and... exams.

There's a couple of surveys to get involved in with Amazon vouchers and cash up for grabs in the prize draw - good for when when funds are low in January! And we have two chances for you to shine - apply to be [Undergraduate of the Year](#) and submit your work to our [Student Conference](#).

# Mental Wealth First

Our commitment to putting mental health and wellbeing first

#MentalWealthFirst

You may have seen last week that Steve West, your Vice-Chancellor, launched our commitment to putting mental health and wellbeing first here at UWE Bristol.

We want everybody to have a good awareness of mental health. And by taking a whole-university approach, we'll help you build up the skills you need to thrive both here and as a graduate.

[Read more about it](#)

## Beating the winter blues

The winter can be a fun, festive time with many students looking forward to the upcoming Christmas vacation. However, for some people, the shorter days and prospect of returning home or not having support over the Christmas period can make this a difficult time of year.

[Top tips to help you beat the winter blues](#)

## IT maintenance weekend: 15-18 December

There will be an [IT maintenance weekend](#) from 17:30 on Friday 15 December until 08:30 on Monday 18 December. Our IT systems will be unavailable including myUWE and Blackboard – so make sure you download any resources you may need before then!

## Christmas – what's open and what's closed?

The University and most of its services will be closed from **12:00 noon on Friday 22 December** until **08:30 on Wednesday 3 January**.

Support is on hand throughout this period though - either from us or our external partners. Some areas of the University will be accessible. We've pulled together full details into one handy webpage for you.

## How do we know if it's a snow day?

We try to keep our campuses open in all conditions but sometimes it's necessary to close them - we'll let you know if we're closing via an announcement on [our homepage](#) and the local radio.

### Check your exam timetable

We're pretty sure it's not escaped your notice that your exam timetable is now live in myUWE. Make sure you check it over and if it doesn't look right, get in contact with an [Information Point](#) asap.

Check your timetable

### Replacement student cards

You'll need your student card for exams – so if you've lost yours or changed your name, make sure you order a replacement in time for January. Buy one online and collect from an Information Point.

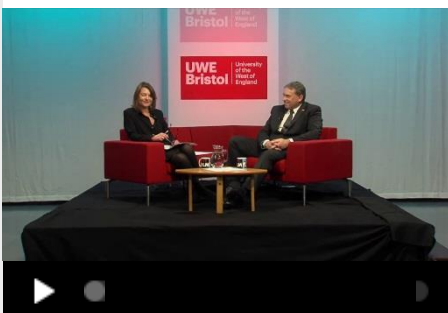
Order a card

## How do you make sense of regulations and procedures?

By reading our Academic Survival Guide, that's how! It answers some of the most frequently asked questions about studying and assessments - things like credits, modules and deadlines, as well as where to go for help when you need it.

Take a look

## Vice-Chancellor's address



This year our Vice-Chancellor's address, in its new interview format, was filmed by our journalism students in the new film studios at Bower Ashton. In his address, the Vice-Chancellor answers questions from staff across the University.

Watch his address

## In case you missed it...

### **Shape the future of the Library**

[Complete our survey](#)

Prize draw: £50 Amazon voucher

### **How was your journey to campus?**

[Complete our survey](#)

Prize draw: £50 cash

### **Are you the Undergraduate of the Year?**

[Apply online](#)

Deadline: Monday 29 January 2018

### **Show off work you're proud of!**

[Submit an entry for the Student Conference](#)

Deadline: Wednesday 31 January 2018

### **Volunteer your time this Christmas**

[Find out what roles are available](#)

Deadline: various

### **Volunteer in a school next term**

[Apply online](#)

Deadline: Friday 15 December 2017



[News](#)

[What's on](#)

## **FESTIVE FUN ON CAMPUS**

For those of you who aren't heading home over Christmas, we'll be running some festive activities in the Library and OneZone on Frenchay Campus. Join us for board games, table tennis and more fun activities every day from 10:00-17:00 from Saturday 23 December to Monday 1 January to help you get into the festive spirit here! There will be a member of The Students' Union on campus most days.

Join our Facebook group [Christmas at The Students' Union at UWE](#) if you're going to be around, so you can connect with others who are on campus.

[Check our opening times](#)

**JAMIE JORDON**  
VP Education



**SIÂN HAMPSON**  
VP Community  
and Welfare



## COPING WITH EXAM STRESS

Trying to juggle revision with being home for the holidays is never easy which is why we run our #UWESaysRelax campaign. We've put together some top tips on how you can deal with the exam season and revision this Christmas. If for any reason you feel you might need to submit Personal Circumstances, contact our [Advice Centre](#) to discuss how to do this.

[Top tips](#)

## STUDENT JOB OPPORTUNITIES

Our Jobshop advertises part-time and holiday jobs on campus and around Bristol. Ranging from bar work and hospitality to admin and care-based work, all roles we advertise pay at least minimum wage. Feel free to pop in at any time for advice on anything job-related. You'll find us on the ground floor of The Students' Union at Frenchay Campus.

[Current vacancies](#)

## RATE THE STUDENTS' UNION BUILDING

It's been two years since we cut the ribbon on The Students' Union building on Frenchay Campus! Let us know your thoughts about its look and feel and your use of it in our survey.

[Complete our survey](#)

### Quick links

- » [myUWE](#)
- » [Academic advice](#)
- » [Study support](#)
- » [Term dates](#)

### Contact us

Information Points

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[More contact options](#)

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As a student, you will receive emails from the Student Communications Team.  
We promise not to overwhelm you and we'll only send you things that are relevant.  
You'll get a regular newsletter and some targeted communications.  
If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

## Dynamic content

### Gloucester

## Christmas – what's open and what's closed?

The University and its services will be closed from **12:00 noon on Friday 22 December** until **08:30 on Wednesday 3 January**. Some parts of the University will be accessible so we've pulled together full details into one handy webpage for you.

Also, Alexandra Warehouse Information Point will be temporarily closed from **12:00 noon on Wednesday 20 December**. A member of staff from another team will be on hand to open the door and take messages.

[Christmas closure arrangements](#)

### English Language and Linguistics, Level 1

## Want to study your second year in The Netherlands?

Expand your horizons and boost your career prospects by [studying English Language and Linguistics abroad during 2018/19](#). Financial support is available through Erasmus+ and Student Finance England. Applications are open until 31 January 2018.

### English, Level 1

## Want to study your second year in Barcelona?

Expand your horizons and boost your career prospects by [studying English Literature abroad during 2018/19](#). Financial support is available through Erasmus+ and Student Finance England. Applications are open until 31 January 2018.

## Want to take your placement year abroad?

Expand your horizons and boost your career prospects by taking your placement year abroad - locations on offer include Barcelona, Berlin, Stockholm and Hong Kong. Financial support is available through Erasmus+ (EU destinations) and Student Finance England. Applications are open until Wednesday 31 January 2018.

[Find out more](#)

### Law

## Law and justice summer school at one of India's top universities

Expand your horizons and boost your career prospects by going to a law and justice summer school in one of India's top universities.

[Find out more](#)

### FET and HAS

## Further study opportunities: Sustainable Futures and Health and Wellbeing

Interested in studying at postgraduate level? We have studentships available from the Economic and Social Research Council (ESRC) South West Doctoral Training Partnership (SWDTP) in Sustainable Futures and Health and Wellbeing research. If you're interested, the deadline is 12:00 noon on Tuesday 30 January 2018.

[Further details](#)