

Feel Good February - a month that could change your life

<u>Feel Good February</u> is back – this time with even more prizes to be won! There's a range of **freehealth and wellbeing events** all over campus, including massages, fitness classes, cooking demonstrations and health check-ups. You're in with a chance to win an iPad Mini, vouchers to spend around campus and lots more! Just **pick up your loyalty card** from any <u>Information Point</u> or <u>Students' Union office</u>, and get involved to feel good!

You have a voice! Use it to improve UWE!

We want to know what you think about student comms

What do you think of how UWE communicates with you? Do you get the right information at the right time? We're running a focus group on **Thursday 12 February** - we want to hear your views. Tea, coffee and pastries for your efforts! Find out more and sign up by e-mail.

Your UWE, your say: Student Experience Survey

Your experience is our top priority. The <u>Student Experience Survey</u> is a great opportunity to tell us what is or isn't working here at UWE.

Enter and you're in with a chance to **win an iPad mini!**

Have you considered standing for election?

The annual Students' Union elections are coming up and we'd like you to **consider standing** for one of the 18 positions! Over the year this team influence the direction and decisions of your Students' Union and University.

Sound interesting? Nominate yourself today!

Student rep and student led teaching awards

Know a member of staff who's gone out of their way to make a difference to your student experience? Or a Student Rep who's dedicated to getting your voice heard? Nominations are now open - you can choose as many staff members and Student Reps as you like. Get your nominations in by Friday 27 February, 17:00.

Apply for DSAs sooner rather than later!

Students applying for <u>Disabled Students' Allowances (DSAs)</u> for the first time in 2015/16 are likely to receive reduced support, as the Government has announced changes to DSA for next year. If you are disabled, have a specific learning difficulty (e.g. dyslexia), mental health condition or long-term health condition **you should apply for DSAs this academic year**before the changes come into force. Contact <u>Disability Services</u> to find out more.

Pitch your project at Santander's Dragon Den

UWE Enterprise in partnership with <u>Santander</u>will be holding a 'Dragons' Den' style <u>pitching event</u> on **Thursday 19 February**. If you have an idea for a project or business, complete an <u>application</u> form by **Monday 9 February**. Ten shortlisted entries will pitch their ideas in front of a panel, for the chance of winning cash prizes up to £5,000.

Volunteering opportunities in the community

There are fantastic <u>opportunities to</u> <u>volunteer</u>in the local community this term, including teaching older people IT skills, running art sessions for adults with learning disabilities, delivering drama workshops in a local nursing home... or get involved in Green Capital! Many applications close in the next few weeks, so<u>apply today</u>.

Adobe - 90% off



LGBT month



Start up drinks



Did you know you can get the full Adobe Creative Cloud suite of applications for £50? Simply purchase a voucher from the Project Room (2Q30a, Frenchay) to get your one-year subscription licence - cash only. February is LGBT History Month, and we're celebrating! Events include a showing of 'Pride' at SceneIT cinema, with discussion led by former Bristol Lord Mayor Peter Main.

All welcome!

Looking for a start-up partner or to share ideas with like-minded people? Come along and meet other professionals, students and entrepreneurs at an <u>informal networking evening</u> at the Engine Shed on **Tuesday 17 February**.

Need something to do this summer?

International work experience

Summer business training

Summer may seem a long way off, but check out the range of exciting opportunities available overseas, including Spain, the USA, Canada and China. Just search 'international internships' in infoHub. If funding is an issue then read up about the UWE Go Global Bursary for funding options, and take a look at tips about working abroad.

Want to take part in a summer programme of award-winning business training? <u>Champions Life Academy</u> is a nationally recognised programme that develops students for the business world. Find out more by coming along to one of <u>two presentations</u>, on**Tuesday 10 February** or **Wednesday 11 February**.

Wellbeing Service

The <u>Wellbeing Service</u> is on hand, to help you with your personal development and mental health needs, including counselling and specialist mentoring. You can <u>register</u> <u>online</u>for an appointment, or if you need urgent support call +44 (0)117 32 86268.

The team also run a variety of <u>workshops</u> – topics this term include coping with presentations and building self-esteem.

Become a PAL leader!

Through the <u>Peer Assisted Learning</u> (PAL) scheme, students are trained to run weekly study sessions supporting the academic needs of other students.

Gain valuable experience to show off on your CV, develop leadership skills, gain academic credit and much more!

Find out more and apply today!

Do you want to be a teacher?



Come along to S Block, Frenchay campus on **Wednesday 18 February**, to meet recruitment exhibitors, and guest speakers including NQTs (newly qualified teachers) and a Head Teacher.

Find out more >>

Pricewaterhouse Coopers



Pricewaterhouse Coopers is going to be on campus twice this month:

17 February: Offering careers advice from a tuk tuk, armed with free coffee, tea and hot chocolate!

24 February: Running a drop in service, with 30 minute 1:1 appointments.

Join the Varsity 10k run - Sunday 22 February

Whether you are running to improve a personal best, to raise money for charity, or just for fun, come down to the first ever Varsity 10K event taking place at Bristol Harbourside. View all Varsity events >>

The UWE Charter >>

Your voice

UWE and UWESU are committed to listening to and learning from the student community. Have your say through <u>student surveys</u> and <u>student reps</u>, and don't miss out on using your voice.

Visit the <u>UWE Charter</u> to find out more.

Follow us



Information Points can help answer your questions >>

Talk to us

The Student Communications Team is new and we want to hear from you. If you have any feedback on our current communication channels or how you think they could be improved, please contact us.

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Dynamic content

Faculty of Environment & Technology (FET):

Study Skills support

The Espresso Study Skills service offers **one-to-one support** on a variety of topics, including getting started on coursework, referencing, managing workloads and using assessment feedback effectively. Drop-in on Tuesdays (2Q30a) or Thursdays (2N foyer) between 12:00-14:00, or book an appointment. Find out more >>

Construction 'Speed Date'

Want to meet employers from the construction industry?

Come along to our <u>Construction 'speed-date'</u> <u>event!</u> This is a great way to get your name out there and to meet your potential future employer on **Friday 13 February**, 11:00-14:00 in the Project Room (2Q30a).

Year 2:

Second years - are you still looking for your placement?

Did you know over **80%** of placement jobs this academic year were secured after Christmas? Log into <u>Infohub</u> to find your dream placement opportunity, and how we can <u>support you</u> in your search.

Year 3:

Your UWE, your say: National Student Survey

How's your experience at UWE been? Fancy winning an iPad Mini? The <u>National Student Survey</u> gives UWE the opportunity to hear the student voice loud and clear. This is your chance to tell us all about your time here and make an impact on students in years to come.

Bower:

Adobe - 90% off



Did you know you can get the full Adobe Creative Cloud suite of applications for only £50? Simply purchase a voucher from the Art Shop to get your one-year subscription licence.