Please note: This is a copy of the e-mail. There will be minor spacing/layout issues that have arisen from the content being copied into Word. These aren't in the final communications. It is intended only as a guide for your information.



Welcome back!

We hope you had a good vacation, and are now getting back into the new term.



UWE's new campus developments

We're dedicating £250m to make your university a better place, including a <u>new Students'</u> <u>Union building</u> ready for September 2015. We're doing everything possible to reduce the disruption to you whilst these works are being undertaken. <u>Find out more >></u>





Tuesday 27 January, 12:00 - 15:00 Red Bar, Frenchay

If you're looking for a home for next year or have questions about housing, visit the <u>Accommodation Fair</u>. There'll be a range of accommodation providers and experts on hand to answer all of your queries - from contracts to tenants' rights, advice on gas safety and funds available to you. We know things don't always go to plan – so if you experience something major that affects your ability to sit an exam or submit a piece of coursework, you may be eligible to apply for <u>Extenuating Circumstances</u>. The deadline for modules from last term and / or January exams is **Friday 13 February**.

<u>Apply here</u> and don't forget to include your <u>evidence</u>.



Register to vote for May 2015

Make sure you're <u>registered to vote</u> to have your say at the next General Election. Lots of students are missing from the electoral register which means they don't have a say in how things are run - make sure you're not one of them!



Care Leavers' Support Forum

UWE is hosting a Support Forum for Care Leavers on **Wednesday 28 January** at the Community Hub, Frenchay campus from 17:15 - 18:30. You'll be able to meet other Care Leavers, and give UWE ideas about how we can support you. <u>Find out more >></u>



Fitter, healthier, happier - Centre for Sport

Become 'Fitter Healthier Happier' this year at the Centre for Sport; sign up by **Sunday 15 February** for a <u>6 month membership</u>.

Check out the range of <u>social sports</u> also available, or get involved in <u>Off the Wall</u> - your chance to try out 19 fun, non-competitive sports.



Sport Injury Clinic

Mondays 09:30 - 17:00 Thursdays 09:00 - 16:30 Term-time only, 2E19 Glenside.

Second year Sports Therapy and Rehabilitation students, supported by experienced Chartered Physiotherapists, are running a free sports injury clinic for all students. It specialises in the treatment of musculo-skeletal problems, offering a wide range of management techniques for new or existing injuries.

To book, call 07907 794 252.

Beat the January blues

We know that January can be a difficult month: the days are shorter, the weather grey, and cash is in short supply, so take a look at some tips to beat the blues, and see what's coming up in <u>Feel Good February</u>!

- Keep active look after your body
- Socialise get out and about
- Look after your physical and psychological health – eat well and sleep well
- Talk to someone if things are tough, talk to a friend or a professional

Don't forget to register with a doctor

Make sure you register with a doctor so you can receive medical treatment if and when you need it. The <u>UWE</u> <u>Health Centre</u> on Frenchay campus is open to all UWE students - you don't have to live on or near Frenchay campus. <u>Register</u> <u>online</u> today or visit <u>NHS</u> <u>Choices</u> to find local surgeries.

Take part in a health and wellbeing survey

A survey has been launched by UWE researchers investigating the relationship between body attitudes and health behaviours.

If you complete it, you're in with a chance to win 1 of 3 £20 Amazon vouchers!

Complete the survey now >>

TARGET Undergraduate of the Year Awards

Could you be TARGET's <u>Undergraduate of</u> <u>the Year 2015</u>? Are you interested in winning paid work experience? There are 12 awards and a trip abroad to be won!

<u>E-mail Careers</u> to register for an information session on **Tuesday 27 January**.

IT network regeneration

UWE is updating its IT network over the course of the year, and is working to ensure <u>minimal disruption</u> to services during this time.

Remember you can check the ITS service status <u>online</u> or contact the <u>ITS Helpdesk</u> if you're experiencing technical difficulties.

Beware of phishing!

Authentic-looking e-mails and texts have been sent to some students by a company pretending to be the Student Loans Company. This is fraudulent activity designed to trick you in to giving out your contact details, which can then be used to steal your personal information. Find out more about <u>phishing</u> and read tips to <u>stay safe</u> online.



Your exams and assessments

We're committed to ensuring your assessments are fair and your results are published on time. We've also got a range of <u>support services</u> ready to offer advice if you need it. Visit the <u>UWE</u> <u>Charter</u> to find out more.

Follow us



Information Points can help answer your questions >>

Talk to us

The Student Communications Team is new and we want to hear from you. If you have any feedback on our current communication channels or how you think they could be improved, please <u>contact</u> <u>us</u>.

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Dynamic content: Bower Ashton:



A former storage room at Bower Ashton has been converted into a new gallery space, and it will shortly be calling for submissions! In the meantime, if you'd like to find out more about how to get involved, please email Reel.Case@uwe.ac.uk.

Bower is running its life drawing classes again this term - no need to book, just bring your sketch pad and pencil! Classes take place on Wednesday and Thursday evenings (17:30 -20:00) and Friday day time (10:00 - 16:00) during term-time.

Managing your money week at Bower Ashton

19 - 23 January, Students' Union bar

Want to know how to make your money go further? Have questions about the financial support schemes available from UWE? Our <u>Money Advice and Funds Service</u> is here to help! Advisers will be available all week, and you don't need an appointment. <u>Find out more >></u>

Frenchay, Bower and Glenside:

New room bookings service for students

Need to book a room to crack on with that group project you've been working on? Is the Library too full? In response to your feedback, UWE and the SU have worked together to launch a new student <u>room bookings service</u>. Find out more about the <u>study spaces project</u>, or <u>e-mail</u> JJ Clark, VP Education with any questions.

Frenchay:

Coursework Hub open longer

Following your feedback, the Coursework Hub (A Block) are trialling longer opening hours this term:

Monday: 09:00 - 17:00 Tuesday - Thursday: 09:00 - 18:00 Friday: 09:00 - 17:00

Final years (not NHS):

UWE Learner Support Fund

Did you know you may be eligible for an award from the UWE Learner Support Fund? Awards range from £50 to £3,500, and are non-repayable. Applications are means-tested – we'll look at your income and expenditure, and if you have a partner, theirs too. Don't delay as funds are limited! <u>Find out more >></u>

Glenside and Gloucester:



and Gloucester students

Did you know that you may be eligible for an award from the UWE Learner Support Fund and / or the NHS Hardship Fund? Awards range from £50 to £3,500, and are non-repayable. Don't delay as funds are limited! Find out more >>

If you are attending a placement for which you can claim a reimbursement of travel / accommodation costs, you can apply for a placement cost short-term loan, to tide you over while you await reimbursement. <u>Find out</u> <u>more >></u>

Education:

Apply for a placement costs short-term loan

If you are attending a placement for which you can claim a reimbursement of travel / accommodation costs, you can apply for a placement cost short-term loan, to tide you over while you await reimbursement. Find out more >>