

Please find below a list of essential reading for the first year of your Adult Nursing studies. You will be issued with a more comprehensive list of further reading by the Programme Team once you start your programme.

### **Communication in a Diverse World**

*Arnold, E. and Underman-Boggs, K. (2006). Interpersonal Relationships: Professional Communication Skills for Nurses. Philadelphia: Saunders Co. Ltd.*

*Healy, J. and McKee, M. (2004). Accessing Health Care: Responding to Diversity. Oxford: Oxford University Press.*

### **Understanding Adult Nursing**

*Smith, B. and Field, L. (2010) Nursing Care: an essential guide for nurses and healthcare workers in primary and secondary care, Abingdon, Routledge.*

*Weller, B., ed. (2009) Bailliere's Nurses Dictionary. Edinburgh: Bailliere Tindall*

### **Essentials Skills for Professional Practice**

*Dougherty and Lister (Eds) (2011) The Royal Marsden Hospital Manual of Clinical Nursing Procedures (Student Edition), 8<sup>th</sup> Edition, Oxford: Blackwell Science.*

*Godfrey, H (2004) Understanding the Human Body: Biological Perspectives for Healthcare, Edinburgh, Churchill Livingstone*

### **Participating in the Practice of Adult Nursing**

Hall C and Ritchie D (2009) *What is nursing? Exploring Theory and Practice* Exeter: Learning Matters Ltd

Plus some websites to visit:

**Department of Health;** <https://www.gov.uk/government/organisations/department-of-health>

**Nursing & Midwifery Council;** <http://www.nmc-uk.org/>

**Health Talk Online;** <http://healthtalkonline.org/>

**UWE Library Services;** <http://www1.uwe.ac.uk/library/>

The **iskillzone;** <http://iskillzone.uwe.ac.uk/> can help you to locate, access and evaluate the information you need.

We recommend you go to the '**Getting Started**' section and try the '**test yourself quiz**'. Also '**Finding items in the Library**' will be very useful and give you a head start before you commence your course at UWE.