
British Wheelchair Basketball Grade 1 Assistant Coach Award Pre-Course Information

Who is the course designed for?

The course is suitable for anyone who wishes to assist in the coaching and introduction of basic skills and the game play of wheelchair basketball to beginners and junior players. This course is a pre-requisite to the Grade 2 Wheelchair Basketball Coach Award.

What does the course involve?

The course involves classroom based theoretical sessions and practical based sessions delivered in a sports hall. The course lasts approximately 28 hours this consists of:

- 2 hours of pre-course study
- 16 hours on course study
- 10 hours of club based coaching.

It is recommended that candidates undertake Continued Professional Development (CPD) particularly first aid and Sports Coach UK (scUK) Safeguarding and Protecting Children.

What are the learning outcomes?

At the conclusion of the course the Coaching Assistant will:

- Have knowledge and understanding of core generic coaching skills
- Have an awareness of conducting a safe session
- Be able to plan a session introducing the FUNdamental skills of wheelchair basketball
- Be able to deliver a session introducing the FUNdamental skills of wheelchair basketball
- Progress FUNdamental skills of wheelchair basketball in small sided game situations
- Contribute to the evaluation of a session

How and when will candidates be assessed?

Assessments will be in the form of on court tutor appraisal consisting of:

- Delivery of one short practical coaching session
- A written plan for one short coaching session
- Evaluation of one short coaching session

What can a Grade 1 Wheelchair Basketball Assistant Coach do?

This award enables the Grade 1 Assistant Coach to assist a fully qualified Coach and deliver aspects of safe and fun coaching sessions under direct supervision.

What next?

It is recommended that Grade 1 Coaching Assistant gains 6 months of experience assisting a Grade 2 or 3 wheelchair basketball Coach before progressing to the Grade 2 Coach Award. Information about Grade 2 Coach Awards can be found on the British Wheelchair Basketball website www.britishwheelchairbasketball.co.uk

First Aid Certificates and Disclosure and Barring Service checks

Wheelchair basketball Grade 1 Coaching Assistants are not required to hold a valid first aid certificate however this is good practice. You may need to undergo a Disclosure and Barring Service check; this can be completed through BWB. However if you are not required to have a DBS Check then it is good practice to complete a Self-Declaration Form. For more information please visit the website: <https://www.gov.uk/government/organisations/disclosure-and-barring-service>

British Wheelchair Basketball

Sportpark
3 Oakwood Drive
Loughborough
LE11 3QF

Tel: 01509 279900

Email: courses@britishwheelchairbasketball.co.uk

Web: www.britishwheelchairbasketball.co.uk