

**UWE  
Bristol**

University  
of the  
West of  
England



# HOTSHOTS HOLIDAY CAMPS

Fitter  
Healthier  
Happier

The Centre for Sport's Hotshots Holiday Camps provides a fun and enjoyable childcare experience to keep your youngsters active throughout the school holidays.

Led by our qualified and experienced coaches, our camps welcome children of all abilities to learn and play sports and activities.

## Our promise to you

During the school holidays\*, we will lead your children in energetic, motivating and fun sessions at **UWE Bristol's Centre for Sport**. Our multi-activity Hotshots Holiday Camps combine sport and play into an active programme for children aged 8 - 13 years old.

With fantastic facilities and fully qualified, DBS checked staff, your child will keep active, meet new friends and learn new skills within a safe and trusted environment.

We offer quality childcare at affordable prices through our registration with Ofsted, ensuring that we constantly meet the high standards required to look after your children.

We look forward to welcoming you and your child to a Hotshots Holiday Camp soon!

The UWE Bristol Hotshots Team

\* We do not run camps during October half term or the Christmas holiday





# Hotshots activities

Catering for children of all abilities, Hotshots Holiday Camps focus on fun sporty activities to keep your child active and engaged over the school holidays.

Activities can include the following:

Badminton | Basketball | Climbing | Cricket | Football  
 Frisbee | Futsal | Inflatable fun | Kickboxing | Netball  
 Short tennis | Table tennis | Tag rugby | Trampolining  
 Rounders | Unihoc | Volleyball | and much more!

Our experienced staff will support your child to engage in age-appropriate activities with particular attention paid to personal development, interaction with others and most importantly – fun and enjoyment.

# A typical Hotshots day

Times	Activities	
	Group 1	Group 2
08:30 - 09:15	45 minute drop off – seated activities	
09:15 - 10:45	Climbing	Frisbee
10:45 - 11:00	Break	
11:00 - 12:30	Frisbee	Climbing
12:30 - 13:45	Lunch	
13:45 - 15:15	Climbing	Basketball
15:15 - 15:30	Break	
15:30 - 17:00	Basketball	Climbing
17:00 - 17:30	Pick up	

**FREE T-SHIRT!** If you book more than two weeks in advance of the camp, your child will receive a free Hotshots T-shirt on their first day.

Book  
online:

[uwe.ac.uk/sport/hotshots](http://uwe.ac.uk/sport/hotshots)

## Essential information

We hope this simple guide will answer your Hotshots questions but please don't hesitate to **get in touch** if you would like any further information.

## Dates and times

We run camps during the following school holidays, please check online for specific dates.

- February half-term
- Easter
- May half-term
- Summer

## Costs

£25 per child per day, or £22 per child per day if you book five days or more.

## How to book and pay

You will need to book and pay in advance to secure your child's place; we have limited space available so book early to avoid disappointment.

You can book online at <http://store.uwe.ac.uk> or contact for the Centre for Sport reception for further information.

- Card payments: Via the online store: **<http://store.uwe.ac.uk>** (click on product catalogue, then Centre for Sport)
- Childcare vouchers: See website for details  
**[www.uwe.ac.uk/sport/hotshots](http://www.uwe.ac.uk/sport/hotshots)**





## Contact information

We would be happy to answer any further questions you have, please contact us to find out more:

- [www.uwe.ac.uk/sport/hotshots](http://www.uwe.ac.uk/sport/hotshots)
- Phone: +44 (0)117 32 86200
- E-mail: [centreforsport@uwe.ac.uk](mailto:centreforsport@uwe.ac.uk)

## Child safety

The welfare of your child in our care always takes priority. Children are supervised at all times, including break and lunch times. All Centre for Sport staff and Hotshots leaders are DBS checked and fully qualified in relevant activities. We carry out regular risk assessments to ensure that the activities your child participates in are safe. Our policies and procedures are regularly updated to ensure we meet all necessary requirements. The camps are also **Ofsted registered (EY423243)** and our certificate is displayed in the Centre for Sport Viewing Gallery.

## What does your child need?

Please ensure your child is suitably prepared for all weather conditions, i.e. trainers, tracksuit, sun-cream, hats, rain coat etc. A spare change of clothes may be required.

You must supply your child with a packed lunch and drinks bottle every day. Please ensure that they have enough food and drink to sustain them throughout the day.

## First aid

The Centre for Sport has fully qualified first aid personnel on site at all times.

## Registration

Children can be dropped off between 08:30-09:15 and collected between 17:00-17:30. If you require a pick up time earlier than 17:00 please let us know at the beginning of the day.

Parents must register their child each morning that they attend the camp in the Centre for Sport Viewing Gallery. You will need to supply a password on the application form; this will be used to confirm that you are the correct person to collect your child.

## Insurance

UWE Bristol Centre for Sport has full public liability and employers insurance.

Find out more and book online: [www.uwe.ac.uk/sport/hotshots](http://www.uwe.ac.uk/sport/hotshots)





## Testimonials

"They enjoyed new challenges, had fun, met new people"

Mrs Worthington

"My child is very reluctant to try new activities and after encouraging her to give it a go with a friend who regularly goes she wanted to return as much as she could"

Mrs Newton

"She came home wanting to stay there. She would be really happy and looked forward to the next day and activities"

Mrs Camilleni

"Much to talk about at the end of each day, enthusiasm for attending, no complaints"

Mrs Brunt

"Excellent coaching, kind and caring staff, very safe and well organised"

Mrs Andrews

"Really enjoyed their activities, couldn't stop talking about their day"

Mrs Craig

"During the holidays I must work and to do that my children need to be stimulated, exercised and happy, quite a task! UWE Hotshots does it well! Thank you"

Mrs Davis

"My daughter had a truly fantastic, exciting and enjoyable time. She is quite a shy child, but right from the first day she loved coming to the sports centre and had a great time with all the activities – especially the climbing wall! She was looked after extremely well, made some new friends and couldn't wait to get back each day"

Mrs Smith

## Terms and conditions – UWE Bristol Hotshots Holiday Camps

### General

- 1 Children will be supervised at all times by the group leader/co-ordinator.
- 2 Users of the centre are responsible for their own safety. Users should contact a member of staff for any assistance if required (during the holiday camps children will be supervised at all times).
- 3 On arrival at the Centre for Sport please report to reception and register your child in the viewing gallery on each visit.
- 4 Any inappropriate or disruptive behaviour will not be tolerated. In the event of such behaviour participants will be withdrawn from the activity and parent/guardian will be contacted.
- 5 Food and drink is to be consumed in the designated areas.
- 6 Appropriate footwear must be worn at all times, i.e. trainers preferably with non-marking soles.
- 7 Suitable clothing must be worn by participants, i.e. tracksuit, shorts and t-shirt.
- 8 Participants will be asked to change if they have inappropriate (e.g. muddy/dirty) clothing or footwear which could cause harm or risk to themselves or others.
- 9 Children are required to have a change of clothes as they may get wet during outdoor activities.
- 10 Trainers may get scuffed on the climbing wall.
- 11 The Centre for Sport reserves the right to refuse admission for anyone outside of the specified age group (children must be age 8 years old at the beginning of the camp, and not more than 13 years old at the end).
- 12 The Centre for Sport reserves the right to amend or introduce any rules to ensure safe and efficient operation of the facility.
- 13 Valuables such as mobile phones and games consoles should not be brought on site. The Centre for Sport will not be held responsible for any personal property.
- 14 A free children's t-shirt will be given if you book more than two weeks in advance of the camp. Please ensure you tick which t-shirt size is required for your child on the application form.

### Booking, payments, alterations and cancellation

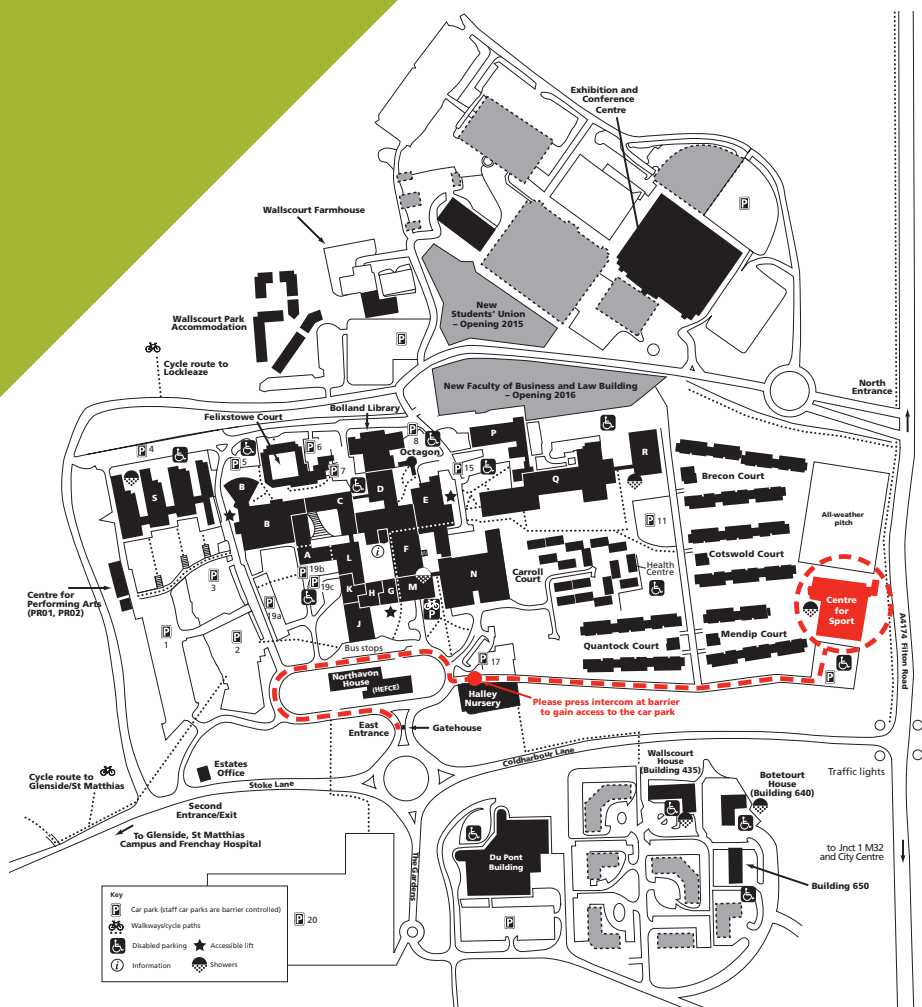
- 1 To secure your child's place full payment or childcare voucher payment must accompany the application form.
- 2 On receipt of payment you will be sent an e-mail to confirm your booking request.
- 3 The Centre for Sport confirms full acceptance of the terms and conditions on the receipt of the application form and payment.
- 4 If you wish to change dates, 24 hours' notice is required before the original date booked to transfer the payment.
- 5 If you wish to cancel your booking, you are required to give seven days' notice before the date booked to gain a full refund.
- 6 With less than seven days' notice payments are non-refundable except for unforeseen circumstances at the discretion of the manager.
- 7 There will be no refund if your child cannot attend camp due to sickness as costs are incorporated into staffing.

### Medical conditions and medication

- 1 You must inform us and give full details of any medical conditions or special requirements that your child may have; this information will be kept confidential.
- 2 Our staff cannot administer medication to your child.
- 3 If your child requires medication on a day they are at Hotshots you must complete a medical administration form at the start of the day to confirm that they can self-administer. These are available from the leader.

### Photography

- 1 Photographs may be taken by UWE Bristol staff of the children participating in the activities. These may be used for advertising their achievements and/or future marketing of the programme. Please ensure you complete the relevant consent section on the application form.
- 2 If parents/guardians wish to take photographs you are required to sign a form at reception and wear the badge provided. Contact us for further clarification.



## Find us

The Centre for Sport is located on the Frenchay Campus, detailed information on how to get here is available on the UWE website:

[www.uwe.ac.uk/comingtouwe/howtofindus](http://www.uwe.ac.uk/comingtouwe/howtofindus)

## Get in touch

### Centre for Sport

University of the West of England  
Frenchay Campus  
Coldharbour Lane  
Bristol BS16 1QY

+44 (0)117 32 86200

[centreforsport@uwe.ac.uk](mailto:centreforsport@uwe.ac.uk)



UWE Centre for Sport



UWESport

For more information visit [www.uwe.ac.uk/sport](http://www.uwe.ac.uk/sport)